



USAG Grafenwoehr Garmisch-Partenkirchen Community FMWR Newsletter

October 2012

Inside this issue:

Featured Information 1-3

Community Library 4

Outdoor Recreation 5-8

Mueller Fitness Center 9-12

Arts and Crafts 13-14

Child Youth School Services 15

FMWR October Calendar 16

Spooktacular Halloween Happening

Join us for a little bit of Halloween fun after Trunk or Treating from 5:30 p.m. to 7:00 p.m. Wednesday, 31 October
For more details inquire at the CDC or SAC

Costume Judging



Sponsored by CYS Services and the PTA

Army Digital Photography Contest

2012

Submission Dates: 15 October - 30 November 2012

Calling all ubercreative photographers to submit entries to the Army Digital Photography Contest! For more information contact your local Arts & Crafts, Community Recreation Office or www.armymwr.com/recreation/artsandcrafts

Categories:

- People
- Military Life
- Nature and Landscapes
- Animals
- Still Life
- Design Elements
- Digital Darkroom
- Monochrome

Divisions:

- Active Duty
- Eligible Civilians
(Family Members, Retirees & DA Civilians)



Garmisch Community Players

Garmisch 2013 One Act Festival

CASTING CALL

**FOR ACTORS, ACTRESSES, SINGERS,
DIRECTORS AND MUSICIANS**

If you would like to participate in the Community Theatre's grand opening production, either on stage or back stage, here is your chance to join in. Whether you would like to help with tech, set design, costumes, etc. or be on stage, (with or without stage experience), please contact the Entertainment Office (located in the Crafts Tree) at DSN 440-3475 or civilian 08821-7503475, stop by the Crafts Tree, or send an email to michele.schneider4@us.army.mil.



A promotional image for the movie 'The Amazing Spider-Man'. Spider-Man is shown in his iconic red and blue suit, crouching on a ledge overlooking a city at night. The city lights are visible in the background, and there is some debris or broken glass around him. The overall tone is dark and dramatic.

October Movie Night
Friday, 12 October 2012
6:30 p.m.
Pete Burke Community Center

THE AMAZING
SPIDER-MAN **PG 13**

**Please feel free to bring
non alcoholic drinks and snacks**

Community Library

Promise Me



How a Sister's Love Launched the Global Movement to End Breast Cancer

NANCY G. BRINKER

Founder of SUSAN G. KOMEN FOR THE CURE®

with John Rodgers

BREAST CANCER AWARENESS MONTH

This month the library recommends Nancy G. Brinker's book "Promise Me: How a Sister's Love Launched the Global Movement to End Breast Cancer". Each year millions of people worldwide take part in Susan G. Gorman "Race for the Cure" events. The Race for the Cure is the world's largest and most successful education and fundraising event for breast cancer ever created. This book is about the real people behind the race and Nancy's mission to change the way the world talked about and treated breast cancer. Thanks to a sister's love, a breast cancer diagnosis is no longer a death sentence. Check out our display this month of books, audio books and films to learn more about Breast Cancer Awareness.



Fall into books.



The library has something for everyone this fall season. If you need some new ideas for cooking or perhaps trying your hand at making costumes check out our craft and cooking sections. How about new ideas of what to do with your pumpkins? Or perhaps tips on carving the perfect Jack-O'-Lantern or making other Halloween crafts. If you like to read scary stories or watch those chilling movies we've got plenty to choose from. Check out our online web catalog or stop by the library this October for some "spooktacular" fun ideas!



SERVICES

- Free Wi-Fi
- Printing
- Copy Machine
- Public computers /CAC
- Language learning resources
- New Release AAFES movies

This October join us every Thursday at 10:30 a.m. for **PRESCHOOL STORYTIME** with stories, songs and crafts. It's never too early to introduce your child to the wonders of stories and reading. For children ages 2 and up with a caregiver. October's themes are "Autumn" and "Silly Monsters".

Hours of Operation
 Sunday-Friday 12:00p.m.-6:30 p.m.
 Saturdays closed



<http://www.library.eur.army.mil/>

DSN 440-2467
 CIV 08821-750-2467

ATTENTION!

**OUTDOOR RECREATION
and TOURS
CHANGE IN HOURS**

Effective 1 December 2012

12:00 p.m. - 6:00 p.m.

Sunday-Tuesday

Thursday-Friday

Closed

Wednesday, Saturday and

U.S. Holidays



Join us at the Pete Burke Community Center...

Hispanic Heritage Month!

What's Cooking at the Pete Burke Community Center?

Cost: \$15

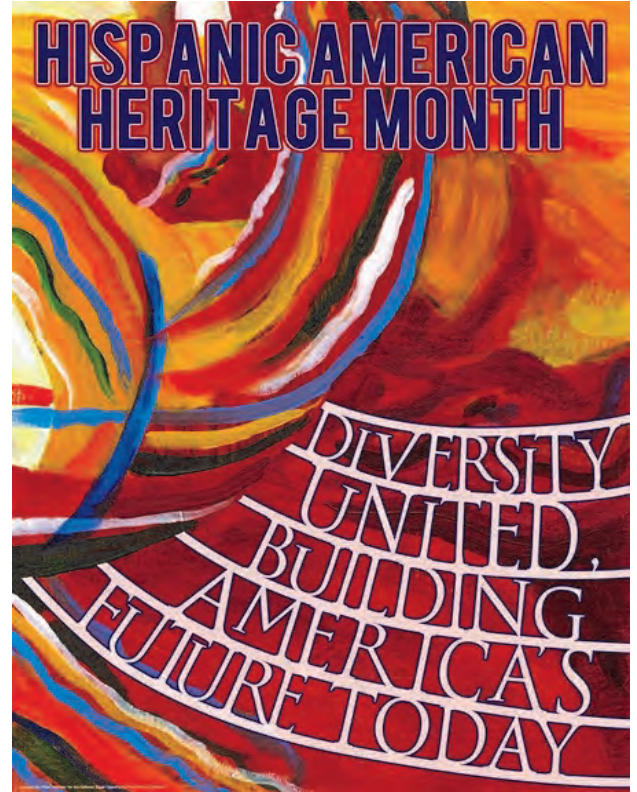
Learn how to make delicious and traditional foods from some of our favorite community chefs! Each time we will feature a different cuisine. Afterwards, we will all sit down and enjoy the feast together, family style.

Our first evening will be hosted by the fabulous Justine Arnold and our own ODR staff member Susan Steinke in honor of Hispanic American Heritage Month. They will demonstrate how to cook a variety of dishes with Chilean, Puerto Rican and El Salvadoran origins.

October 10th – Que Rico – Spanish foods in honor of Hispanic Heritage Month

November 16th – Viva Italia!

January 25th – Morocco



NEW! Wine 101 -- UnCork the Mystery of Wine Tasting

Friday, 26 October 6:30 p.m./ Cost: \$15

Ever wanted to know more about wine tasting? Come and learn everything there is to know about tasting wines in a relaxed setting. We will take your palate through a blind tasting of eight different types of wine to uncover the mysteries of taste, flavor and style. You will learn to identify “flavors” of various wines.

NEW! Nove Pottery Trip

Saturday, 3 November / Cost \$55- Sign up with a shopping buddy and the second person pays \$35!

It has been a few years since we have offered this trip. We will travel down to Nove and back to Garmisch in one day. While in Nove we will visit several pottery warehouses offering a variety of styles to accommodate all designer tastes. There's a surprising variety of styles available, from the busy patterns on pitchers shaped like roosters to more quiet styles made for retailers such as Williams and Sonoma. We will depart Garmisch at 6:00 a.m. and return time will be dependent upon the group.

Prague Veterans Day Weekends

November 9-12 (Veterans Day Weekend)/ Cost: Adults \$390; Children \$195.00 and \$45 per night for single supplement

The Golden City just gets better and better. Spared extensive bombing damage in WWII, Prague still has an authentic feel to its wonderful architecture. The capital of Bohemia has the famous Charles Bridge, Old Town Square, the beautiful St. Vitus Cathedral in the Old Castle and a wonderful tradition of music-making. We usually attend an opera in one of Prague's three opera houses where the performances are inexpensive and subtitled in English. An excellent tour of the Franz Kafka Museum as well as a visit to the Pilsner Urquell Brewery in Pilsen is also included.

Hours of Operation
Monday–Friday 12 p.m.–6 p.m.
Closed Saturday, Sunday, and U.S. Holidays



DSN 440-2638
CIV 08821-750-2638

Venice Verona Weekends

October 19-21/Cost: Adults \$290 and \$45 per night for single supplement

In just one short weekend, you will see both Venice and Verona! On Friday afternoon, we drive to Vicenza where we will spend the night. Early Saturday morning, we make the short train trip to Venice where we will see great art and architecture, (our guided tours of the Accademia and the Scuola di San Rocco are renowned), pigeons in St. Mark's Square, gondolas and more. We will again spend the night in Vicenza before our trip to Verona on Sunday. In Verona, we have the opportunity to tour the famous Romeo and Juliet city with its Roman Arena before dining at a wonderful restaurant and driving back to Garmisch.

Call ODR/Tours if you are interested in spending an evening in Munich enjoying a concert or ballet. Tickets are available for both of the below events at various prices, plus \$12 for our transportation with our guide Paul Dutro.

Classical Concert in the Munich National Theater

27 November

Forever Young Ballet

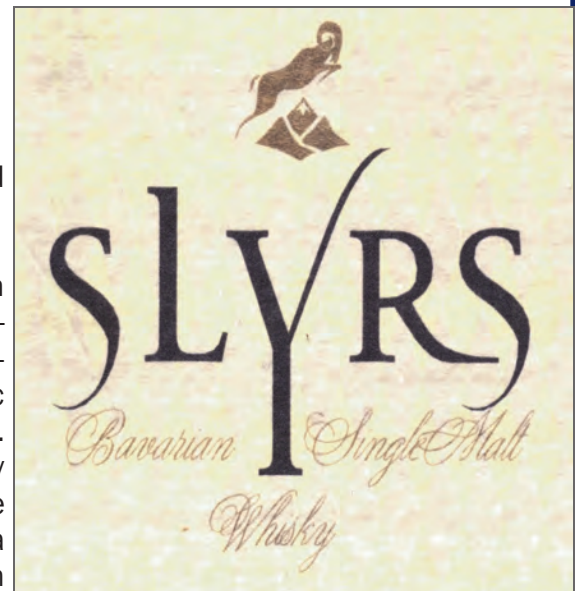
29 November

DATE CHANGE! SLYRS Whiskey Tour & Tasting

Saturday, 1 December Cost: \$ 45.00

(Includes transportation, SLYRS guided tour and admission; lunch and souvenirs are not included)

A Bavarian whiskey distillery? Single Malt? Yes! With a Bavarian countryside as a backdrop, SLYRS whiskey follows a traditional production process developing its own unique taste. A tour of the distillery is a treat for all your senses! We begin our afternoon at the rustic Bleckstein Haus built in 1927, where we will have a delicious lunch. Afterwards, we will enjoy a tour and tasting of the SLYRS whiskey where you will be able to hear the crushing of the malt and follow the whiskey flavor development process. We conclude the tour with a tasting of the perfected SLYRS whisky. SLYRS offers much more than just aged whiskey, you will have an opportunity to purchase fruit spreads, chocolates and many other gifts.



Departure is at 11:00 a.m. and estimated return time is 7:00 p.m.

3rd Annual Winterfest

Friday, 30 November 6:00-9:00 p.m.

Ready to kick off the 2012/2013 ski season? Winterfest is our annual celebration to kick off the winter! The evening's events will include the lighting of the community Christmas tree, a Night Sprint, a KristKindl Market, Chili Cook off and much more. If the weather is just right we may also have a special surprise visit from the North Pole! The BMC Garmisch Outdoor Recreation "Alpine Experts" will host the event in our newly renovated Pete Burke Community Center - it is a beautifully renovated space with a great outdoor patio and indoor fireplace. Hope to see you there!

Make some plans with us for fun in the snow!!!!

Ladies Ski Weekend – Italian Dolomites

Friday, 15 - Monday, 18 February \$390

Skiing in the Italian Dolomites – with over 1200 km of groomed ski runs covered in perfect snow and breathtaking views. The trip includes transportation, ski-in/ski-out mountain accommodations, dinners (3) and breakfasts (3). We're staying this year in the same fabulous location that we hosted our Men's Weekend last year. Departure is Friday morning, with a return Monday evening. Ski passes are not included. This will be Garmisch's 3rd year running this trip. Sign up soon, ladies! This one fills up very quickly!

Men's Ski Weekend – Sella Ronda

Friday, 1 – Sunday, 3 March

Re-live history with "The Great War" Ski Tour and conquer the famous Sella Ronda! With over 1,200 km of groomed ski runs covered in perfect snow, exhilarating altitudes, and breathtaking views in the Italian Dolomites. Trip includes transportation, ski-in/ski-out mountain accommodations, dinners (arrival and Saturday) and breakfast (Saturday and Sunday), plus an un-forgettable evening snowshoe hike to a restored Italian WWI outlook post led by Alpine soldiers. Ski passes are not included.



Interested in a season ski pass? Stop by ODR today for this seasons price breakdown.

Don't forget to pick up your VAT form before you purchase your season pass.

Night Sledding

Tuesday evenings/Cost: \$39 adults, \$29 child includes transportation, lift pass, Mini-Bob style sled

Ehrwald, Austria

22 January

5 February

26 February

One Day Ski Trips

\$79 includes transportation, ski pass, \$89 with equipment. All trips in Austria.

27 October - Stubai

17 November - Sölden

8 December - Piztal

22 December - Leermoos/Grubigstein

Winter Torch Hikes – Snowshoeing

First Hike Friday, 11 January Cost: \$10 Adults/\$5 kids

Join us for an evening of snowshoeing on our surrounding mountains. Each evening will feature a different location and different hiking lengths. Each hike will also include a rustic restaurant where we can enjoy a nice winter meal together! The locations are tentative and may be switched, based on snow levels. No worries, we will keep you posted. Snowshoes and poles are included.

Friday, 11 January: Gamshutte

Hours of Operation
Monday–Friday 12 p.m.–6 p.m.
Closed Saturday, Sunday, and U.S. Holidays

DSN 440-2638
CIV 08821-750-2638

DSN: 440-2747 CIV:08821 750-2747

HOURS OF OPERATION:

MONDAY – FRIDAY 5:30 am - 8:00 pm

SATURDAY 9:00 am – 17:30 pm

CLOSED ON SUNDAYS AND US HOLIDAYS



October 2012 Group Fitness Classes

Price: \$5.00 "First come, first serve"

Please inform the instructor of any injuries you may have. Schedule subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. 1200 TurboKick 1730 Zumba	2. 830 Spin & Yoga 1200 Spin 1730 Spin 1830 Pilates	3. 1200 Trail Running Group 1730 Zumba 1830 Kundalini Yoga	4. 1200 Spin 1730 Spin 1830 Pilates	5. 1200 Trail Running Group	6. 1500 Spin
7. <i>Gym Closed</i>	8. <i>Columbus Day Gym Closed</i>	9. 830 Spin 1200 Spin 1730 Spin 1830 Pilates	10. 1200 Trail Running Group 1730 Zumba 1830 Kundalini Yoga	11. 1200 Spin 1730 Spin 1830 Pilates	12. 1200 Trail Running Group	13. 1500 Spin
14. <i>Gym Closed</i>	15. 1200 TurboKick 1730 Zumba	16. 830 Spin & Yoga 1200 Spin 1730 Spin 1830 Pilates	17. 1200 TurboKick 1200 Trail Running Group 1730 Zumba 1830 Kundalini Yoga	18. 1200 Spin 1730 Spin 1830 Pilates	19. 1200 Trail Running Group	20. 1500 Spin
21. <i>Gym Closed</i>	22. 1200 TurboKick 1730 Zumba	23. 830 Spin & Yoga 1200 Spin 1730 Spin 1830 Pilates	24. 1200 TurboKick 1200 Trail Running Group 1730 Zumba 1830 Kundalini Yoga	25. 1200 Spin 1730 Spin 1830 Pilates	26. 1200T rail Running Group	27. 1500 Spin
28. <i>Gym Closed</i>	29. 1200 TurboKick 1730 Zumba	30. 830 Spin & Yoga 1200 Spin 1730 Spin 1830 Pilates	31. 1200 TurboKick 1200 Trail Running Group 1730 Zumba 1830 Kundalini Yoga			

Mueller Fitness Center

Fitness Classes

All Classes are \$5. Classes are first come, first serve.

Zumba® (cardio)

This Latin-inspired, easy-to-follow, calorie-burning dance fitness-party™ is fun for everyone; try it to work your muscles, your heart and your mind in a new way. Ditch the workout and join the party!

Pilates (strength/flexibility)

Pilates is a unique series of exercises developed to strengthen and tone core muscles, improve posture and flexibility and create a streamlined shape.

Spin (cardio)

This is an intense indoor cycling workout using various cycling techniques from hill climbing and sprinting to peddling at different tensions. Easily modified for beginners.

Spin and Yoga

This 75 min fitness class combines cardio, strength and flexibility that will keep your body and brain totally engaged.

TurboKick® (cardio)

TurboKick® is the ultimate cardiovascular challenge that's a unique blend of intense interval strength/endurance training and a relaxing cool-down. TurboKick®, the live version of TurboJam®, requires no previous kickboxing experience or equipment, just bring your attitude and desire to have fun!

Qigong

It's a workout that involves breath, movement and mind to balance and energize the internal energy (Qi), also known as bioelectricity.

Kundalini Yoga

A very dynamic type of yoga session that vitalizes and balances the body using different breathing techniques, postures and kriyas, which can consist of rapid repetitive movement.

Trail Running Group

One hour outdoor activity in beautiful Garmisch scenery. With gradually progressive training plans you quickly will bring your running to the next level. Free of charge.

DSN: 440-2747 CIV:08821 750-2747

HOURS OF OPERATION:

MONDAY – FRIDAY 5:30 am - 8:00 pm

SATURDAY 9:00 am – 17:30 pm

CLOSED ON SUNDAYS AND US HOLIDAYS



OCTOBER 2012 ADULT SPORTS CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Soccer Game 1: 1830 Game 2: 1930	2	3 Soccer Game 1: 1830 Game 2: 1930	4 MC Volleyball <i>Begins</i> 1730, 1815	5	6
7 Gym Closed	8 Columbus Day	9 MC Volleyball 1730, 1815	10 Soccer Game 1: 1830 Game 2: 1930	11 MC Volleyball 1730, 1815	12	13
14 Gym Closed	15 Soccer Game 1: 1830 Game 2: 1930	16 MC Volleyball 1730, 1815	17 Soccer Game 1: 1830 Game 2: 1930	18 MC Volleyball 1730, 1815	19	20
21 Gym Closed	22 Soccer Game 1: 1830 Game 2: 1930	23	24 Soccer Game 1: 1830 Game 2: 1930	25	26	27
28 Gym Closed	29 Soccer Game 1: 1830 Game 2: 1930	30 MC Volleyball 1730, 1815	31 Soccer Game 1: 1830 Game 2: 1930			

The Crafts Tree Arts and Crafts Center

How Do I work this thing?

Do you have a sewing machine you keep moving from room to room because you are not sure how it works? OR worse, is it still in the box?? Or maybe you've tried to use your sewing machine a few times but can't figure out how to thread it, wind a bobbin...just get it to work? Well, this is the class to get you using your sewing machine for sewing and not just a place to drape your fabric! This class is HIGHLY recommended for students interested in taking further sewing or quilting classes.

1 October – 20 December by appointment/\$25 per hour *personal appointment*

The Basics of Quilting

Sign up from 1 to 31 October for classes to be held on 5, 12, 19, 26 November , 5:30 p.m. - 7:30 p.m. Learn the basic techniques of quilting by making a sampler of different blocks from start to finish. Bring your own ma-

Portrait Service Call DSN 440 3475 or CIV 08821 750 3475 for more details

Silk Painting Class

Two evenings/afternoons. Fee for two evenings of instruction: \$15 (silk extra). Ages: adults, children 4 and up. Beginners and advanced students.

Watercolor Painting Class

Two evenings/afternoons. Fee: \$20, materials included. Ages: adults, children 4 and up. Beginners and advanced students.

Picture Matting & Framing Class

Six hours of instruction over 2 sessions. Learn the basics of matting and framing. After completion of the course you will be able to use the shop's framing equipment and machines and you will receive the Arts & Crafts Qualification Card, which is honored at all other military Arts & Crafts Centers. Fee for Framing I & Framing II is \$45 (materials not included). Ages 16 and up.

Tiffany Glass Art

Four evenings of instruction. You will receive instruction while making one class project to take home. Choose between a window picture, mirror or lamp shade, depending on your interest and ambition. Fee: \$ 40 (materials not included). Beginners and Adult Classes available.

Oil or Acrylics Painting Class for Beginners

Every Sunday from 2:00 p.m.-4:00 p.m. Three sessions of instruction. Fee: \$69 includes oil paints and canvas. Adult class.

Crocheting and Knitting Class



Crocheting has become popular again! Learn it by starting out with a small project like a beanie hat, scarf, fingerless gloves, headband or something else you have in mind.

Beginners welcome, \$32, two 90-minute sessions, by personal appointment

Wood Shop Safety Class

This class is a prerequisite to use the shop's power tools and machines. Upon completion you receive the MWR Arts and Crafts Qualification Card, which is honored at all MWR crafts facilities and you may use the shop for do-it-yourself projects.

Two-hour class. By appointment only. Fee: \$20. Adults only.

Upholstery Class

Learn how to re-upholster chairs, sofas, etc. Bring your own furniture as a class project.

Six hours of instruction. By appointment only. Fee: \$35. Adults only.

Basic Ceramics Pouring Class

You will learn how to pour and finish while making one easy class project to take home.

Two 2 hour evening or afternoon classes. Please schedule an appointment in advance. Beginners Class. Fee \$20 - includes instruction and materials (slip, paints and glazes, shop and firing fees) for one small project.

Pottery Class

Explore the world of hand built ceramics. Learn the techniques of pinching, coiling and slab work. Creativity and originality are encouraged while you learn about the basics of using clay. We will make cups, bowls, flowerpots, Easter eggs or whatever you imagine! This Beginners Class consists of two sessions, four hours total. Fee is \$48 for instruction, enough clay for your first project, paints, glazes, use of tools, brushes and everything you need to start creating. Advance sign up please.

“The Crafts Tree” Arts and Crafts Center

MUSIC LESSON FALL SEMESTER SIGN-UPS FOR CHILDREN & ADULTS

PIANO & VIOLIN INSTRUCTION

Lessons are offered for beginners, intermediate and advanced levels, ages 6 to adult.
Instruction takes place in the music practice room at the Crafts Tree in Bldg. 263.

Fee is \$240 for a 2 month lesson package.

Crafts Tree Services

Furniture Building/Restoration

Bring your piece in need of repair in for a cost-free assessment. We do visit you at your home for assessments for larger furniture or custom furniture building. Upholstery and restoration of old pieces can also be done.

Sewing Services

You have never been good with a sewing machine or have no time to do it? No problem, the Crafts Tree's qualified staff will do it for you.

Piano and Violin Lessons

Lessons for beginners and advanced students, for children or adults. Cost for a two month lesson package is \$240. Contact the Entertainment Office at 440-3475.

Photo Printing Self Service

The shop provides a user friendly self service printing kiosk using Kodak paper. Bring your digital pictures on card, disk, USB or blue tooth and turn them into great pictures, collages or post cards at minimal price. You can choose colored borders or even type in your text to personalize a post card for example.

Picture Matting, Framing and Poster-Mounting

Choose from over 400 wooden or metal moldings. If you don't have the time to do-it-yourself use the custom shop's great service. Qualified staff is available to help you select moldings and mats to make your picture look stunning. We also offer professional poster mounting on foam, oil painting restoration and stretching.

Portrait Services

Visit the Crafts Tree's Portrait Studio for your next family portrait! Lots of package variations available. You can also order a CD with your entire portfolio. We will also do professional outdoor portrait sessions and take your picture in your favorite Garmisch locations. Please book in advance.



October 2012

Garmisch School Age Center



School Days 1430-1800 School Out Days 0745-1730

The new CYSS fees go into effect 1 October 2012. Please stop by if you have any questions.

Mon	Tue	Wed	Thu	Fri
1 Art Club "Fall Leaves" Small Pet Club	2 Tech/Photography Club 	3 Cooking Club "Apple Hand Pies"	4 <i>Girls Club</i> BOYS CLUB *school release at 1130 	5 Fit and Fun School Out Day
8 COLUMBUS DAY <u>CLOSED</u>	9 Tech/Photography Club 	10 Cooking Club "Bananas in Pajamas"	11 Junior Torch Club "Compassion" 	12 Fit and Fun Friday
15 Art Club "Scarecrows" Small Pet Club	16 Tech/Photography Club 	17 Cooking Club "Egg Pinwheels"	18 <i>Girls Club</i> BOYS CLUB 	19 Fit and Fun Friday
22 Art Club "Vampire Balloons" Small Pet Club	23 Tech/Photography Club 	24 Cooking Club "Kid truffles"	25 Science Club 	26 Fit and Fun Friday
29 Art Club "Spooky Spider" Small Pet Club	30 <i>Girls Club</i> BOYS CLUB	31 Halloween Cooking Club 		<u>SAC Daily Schedule</u> 1430 pick up 1445 meeting/outside 1515 snack 1530-1700 clubs 1730 clean up 1800 close

Hours of Operation
 Monday–Friday 2:30 p.m.–6:00 p.m.
 School out days Monday–Friday 7:45 a.m.–5:30 p.m.
 Closed Saturday, Sunday, and U.S. Holidays

DSN 440-2654
 CIV 08821-750-2654



October 2012 FMWR Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Fitness Center TurboKick 1200 Zumba 1730 Soccer 1830/1930	2. Fitness Center Spin & Yoga 0830 Spin 1200/1730 Pilates 1830	3. Fitness Running 1200 Zumba 1730 Kundalini Yoga 1830 Soccer 1830/1930	4. Library PreSchool Storytime 1030 Fitness Center Spin 1200/1730 Pilates 1830	5. Fitness Center Running 1200	6.
	8. COLUMBUS DAY HOLIDAY ALL FMWR FACILITIES CLOSED	9. Fitness Center Spin & Yoga 0830 Spin 1200/1730 Pilates 1830	10. ODK Cooking Class 1800 FBCC Fitness Center Running 1200 Zumba 1730 Kundalini Yoga 1830 Soccer 1830/1930	11. Library PreSchool Storytime 1030 Fitness Center Spin 1200/1730 Pilates 1830	12. CYS Services Movie Night "The Amazing Spiderman" 1830 p.m. FBCC Fitness Center Running 1200	13.
14.	15. Fitness Center TurboKick 1200 Zumba 1730 Soccer 1830/1930	16. Fitness Center Spin & Yoga 0830 Spin 1200/1730 Pilates 1830	17. Fitness Center TurboKick 1200 Running 1200 Zumba 1730 Kundalini Yoga 1830 Soccer 1830/1930	18. Library PreSchool Storytime 1030 Fitness Center Spin 1200/1730 Pilates 1830	19. ODK Venice/Verona Fitness Center Running 1200	20. ODK Venice/Verona
21. ODK Venice/Verona	22. Fitness Center TurboKick 1200 Zumba 1730 Soccer 1830/1930	23. Fitness Center Spin & Yoga 0830 Spin 1200/1730 Pilates 1830	24. Fitness Center TurboKick 1200 Running 1200 Zumba 1730 Kundalini Yoga 1830 Soccer 1830/1930	25. Library PreSchool Storytime 1030 Fitness Center Spin 1200/1730 Pilates 1830	26. ODK Wine 101 1830 Fitness Center Running 1200	27. ODK One Day Ski Trip
28.	29. Fitness Center TurboKick 1200 Zumba 1730 Soccer 1830/1930	30. Fitness Center Spin & Yoga 0830 Spin 1200/1730 Pilates 1830	31. CYS Services Spooktacular Halloween Happening 1730-1930 p.m. Fitness Center TurboKick 1200 Running 1200 Zumba 1730 Kundalini Yoga 1830 Soccer 1830/1930			